Joma

MENS



A Bust

Bust measurement around the fullest part of your chest, keeping the tape horizontal.

B Waist
Waist measurement around the narrowest part, keeping the tape horizontal.

Hips
Hips measurement around the widest part, keeping your feet together and the tape horizontal.

Size	Bust (A)	Waist (B)	Hips (C)
S	87 - 94	75 - 82	86 - 93
М	95 - 101	83 - 90	94 - 100
L	102 - 108	91 - 97	101 - 108
XL	109 - 114	98 - 103	109 - 113
XXL-3XL	115 - 143	104 - 134	114 - 138
	Note: measuremen	ts in centimeters (cm)	



▲ Waist

Waist measurement around the narrowest part, keeping the tape horizontal.

B Hips

Hips measurement around the widest part, keeping your feet together and the tape horizontal.

C Leg
Inside leg measurement.

Size	Waist (A)	Hips (B)	Leg (C)
XS	68 - 74	80 - 85	81
S	75 - 82	86 - 93	81.5
М	83 - 90	94 - 100	82
L	91 - 97	101 - 108	82.5
XL	98 - 103	109 - 113	83
XXL-3XL	104 - 134	114 - 138	83.5



Size	Longitude
20	119 - 125
21	126 - 132
22	133 - 138
23	139 - 145
24	146 - 152
25	153 - 158
26	159 - 165
27	166 - 172
28	173 - 178
29	179 - 185
30	186 - 192
31	193 - 198
32	199 - 205
32.5	203 - 208
33	206 - 212
33.5	212 - 213
34	214 - 218
35	219 - 223
35.5	224 - 229

34	214 - 218
35	219 - 223
35.5	224 - 229
36	226 - 232
37	233 - 236
37.5	237 - 239
38	240 - 245
39	246 - 252
40	253 - 256
40.5	257 - 262
41	259 - 265
42	266 - 269
42.5	270 - 273
43	273 - 276
43.5	277 - 279
44	279 - 283
44.5	284 - 288
45	288 - 292
46	293 - 298
47	299 - 305
Note: mea	asurements in millimeters (mm)

WOMENS



Bust

В

Bust measurement around the fullest part of your chest, keeping the tape horizontal.

B Waist

Waist measurement around the narrowest part, keeping the tape horizontal.

C Hips

Hips measurement around the widest part, keeping your feet together and the tape horizontal.

Size	Bust (A)	Waist (B)	Hips (C)
XS	76 - 82	61 - 68	86 - 90
S	83 - 89	69 - 73	91 - 95
М	90 - 94	74 - 78	96 - 100
L	95 - 98	79 - 82	101 - 104
XL	99 - 102	83 - 86	105 - 108
XXL-3XL	103 - 106	87 - 90	109 - 112

Waist
Waist measurement around the narrowest part, keeping the tape horizontal.

B Hips
Hips measurement around the widest part, keeping your feet together and the tape horizontal.

C Leg Inside leg measurement.

Size	Waist (A)	Hips (B)	Leg (C)
XS	61 - 68	86 - 91	78
S	69 - 73	92 - 95	78.5
M	74 - 78	96 - 100	79
L	79 - 82	101 - 104	79.5
XL	83 - 86	105 - 108	80
XXL-3XL	87 - 90	109 - 112	80.5



KIDS

Size	Age	Height	Bust	Waist	Hips	
6XS	4 - 5	100 - 108	55 - 57	54 - 55	60 - 62	
5XS	5 - 6	109 - 117	58 - 61	56 - 57	63 - 65	
4XS	7 - 8	118 - 128	62 - 66	58 - 60	66 - 68	
3XS	9 - 10	129 - 140	67 - 72	61 - 64	69 - 74	
2XS	11 - 12	141 - 152	73 - 79	65 - 68	75 - 80	
XS	12 - 14	153 - 164	80 - 87	69 - 72	81 - 86	
	Note: measurements in centimeters (cm)					



